



上水宣道小學

Alliance Primary School, Sheung Shui



2023-2024 年度
學生作品集

句子寫作（人說句＋形容詞）

1A 劉昕其

今天是中秋節，月亮圓圓的。

媽媽說：「吃完晚飯，我們去玩燈籠。」

我說：「好呀！我要帶我的青蛙燈籠去公園。」

妹妹問：「你的青蛙燈籠是怎樣的？」

我說：「小青蛙燈籠是綠色的，眼睛很大，舌頭長長的。它的肚子又胖又圓，樣子十分可愛。」



春來了

1A 賴欣妤

春來了，
我聽到小鳥的「吱吱」聲，
小鳥唱歌真好聽。

春來了，
我看到蝴蝶身上的花紋，
蝴蝶真漂亮。

春來了，
我嗅到大自然的空氣，
空氣很清新啊！



句子續寫

1B 梁依楠

1. 老師看到小美在睡覺，就提醒她要專心上課。
2. 小明自由自在地游泳，感到十分快樂。
3. 我看到姐姐在書房裏用心地溫習。
4. 哥哥吃到美味的蘋果，感到很開心。
5. 弟弟因為看不見媽媽，所以哭起來。
6. 每晚，我都會看到妹妹在洗手間認真地刷牙。

我們做了一件好事

1B 羅朗軒

有一天，小明和小美在公園裏一會兒滑滑梯，一會兒盪秋千，玩得興高采烈。
他們看到小鳥從樹上掉下來，發出「吱吱」的叫聲。
他們把小鳥救起，帶回家照顧牠。
最後，小鳥康復了。他們把小鳥送回樹上和家人團聚，真愉快！



郊遊記

1C 陳芷晴

我看到美麗的彩虹，像一道彎彎的橋，掛在天空中。
我聽到小鳥清脆的叫聲，像在唱一首美妙的歌，真動聽！
我摸到柔軟的草地，好像一塊軟綿綿的毛毯，我感到很舒服。



照鏡子

1C 楊倩汶

我看她，她看我，
長長的頭髮，圓圓的眼睛，
眼睛好像黑珍珠，
她是誰？就是我。
我笑了，她也笑，
彎彎的嘴巴，紅紅的臉兒，
臉兒好像紅蘋果，
她是誰？就是我。
我動了，她也動，
大大的手掌，短短的雙腿，
跑步好像烏龜，
她是誰？就是我。



一份特別的獎品

2A 莫芷柔

今天，我收到一份特別的獎品，那是一本卡通筆記本。

這份獎品是老師送給我的，因為我在校內英文硬筆書法比賽獲得銀獎。

這份獎品代表了評判對我寫的英文字體的肯定，所以我一定會好好珍惜這本筆記本。



跟外婆學做春卷

2A 蔣釋達

新年到了，樂儀和樂文兩姐弟很喜歡吃春卷，便想跟外婆學做。於是，外婆便教他們做春卷。

外婆準備好餡料，有菜、肉和胡蘿蔔，然後便教他們包春卷。首先，外婆把餡料放在春卷皮上。接着，把餡料捲成卷狀。樂文包得不好，餡料掉了出來，引得她們哈哈大笑。包好春卷後，外婆把春卷放到熱油裏炸，炸至金黃色便撈起來。

最後，他們一起享用香噴噴、熱騰騰的春卷，不禁滿足地說：「春卷真是十分美味呢！」



小青蛙旅行記

2B 周懷谷

有一天，小青蛙和小樹葉一起去旅遊，小樹葉載小青蛙來到河流。小動物在草地上玩耍，牠們十分快樂。

然後，小青蛙和小樹葉來到瀑布面前，把瀑布當成滑梯。接着，牠們從瀑布上滑下來，他們覺得十分刺激。

最後，小青蛙和小樹葉來到廣闊的大海，當時已經黃昏了。他們在大海看見一隻十分漂亮的海豚從大海裏跳出來。

小青蛙覺得依依不捨。

遊迪士尼樂園

2B 黃詩穎

上星期天，我和家人趁着聖誕假期一起到迪士尼樂園遊玩。

首先，我們在迪士尼樂園門外拍照留念。

然後，我們先到「魔法書房」欣賞歌舞表演，再到「灰姑娘旋轉木馬」騎木馬。

黃昏時，我們一家看見美麗的夕陽，真令人滿心歡喜。

最後，雖然我們帶着依依不捨的心情離開，但是也過了很愉快的一天。



遊海星樂園

2C 胡夏玥

星期天，爸爸決定帶我到海星樂園遊玩，我感到非常期待。

首先，我們去了熊貓館，看見一隻可愛和胖胖的熊貓。熊貓正在吃竹葉，吃得津津有味。

然後，我們去了坐過山車，在排隊時，我們感到十分緊張，爸爸跟我說：「你不用害怕，只要深呼吸，就不會害怕。」坐在過山車上，我看見整個海星樂園的風景，又聽見人們在玩過山車的尖叫声。

當過山車停下時，我仍然全身抖震，不過也是一次難忘的體驗。



大樹的特點

2C 徐綺澄

大樹看上去粗粗的，它的樹幹是棕色的。春天時，它的樹幹是深綠色的，十分美麗。

在大樹附近，我能聽見蟬兒的聲音。坐在樹下時，我還能聽見鳥兒的鳴叫聲，令我感到很快樂。

觸摸大樹時，我感到大樹是粗糙和硬梆梆的。躲在茂密的葉子下，我感到十分清涼。

在大樹的旁邊，我會嗅到清新的空氣，令我感到很寫意。

我很喜愛大樹，它讓我感到十分舒適，我常常去大樹下乘涼，真快樂啊！



遊公園

3A 杜羽翹

上星期四的早上，風和日麗，藍天白雲，那天是學校旅行日，老師、同學和我一起乘旅遊巴士到馬鞍山公園遊玩。

我和同學們一起坐在草地，那片草地綠油油的，十分漂亮。我們吃了很多不同的食物，有雞翅膀、薯片、糖果，我們吃得津津有味。

接着，我看到天空十分漂亮，便說：「天氣真好啊！」我們玩了「狐狸先生幾多點」遊戲，我們感到非常愉快。

之後，我和同學們一起到兒童遊樂場玩，有長長的滑梯。我看見不同顏色的小房子，我玩得很累時，便到那裏休息。然後，我和我的朋友一起玩捉迷藏，我們都感到十分愉快。

最後，我們在綠油油的大草地遊玩，那大草地長滿了鮮花。我感到很累，便坐下來欣賞景色。我們上旅遊巴士時，仍感到依依不捨。

我感到十分開心，我體會到如果我們認真地欣賞風景，四處的美景都令人賞心悅目啊！我希望下次可以再來。



給表哥的信

3A 周浩熹

親愛的表哥：

你好嗎？自從你上大學後，我們便很久沒有見面，希望你一切順利。最近，我發生了一件特別的事，很想跟你分享。

昨天晚上，媽媽叫我去薄餅店取外賣，我感到很興奮，因為可以吃薄餅。

在排隊的時候，有一位婆婆拿着沉甸甸的袋子，準備排隊付款，我便讓婆婆先排隊。輪到我的時候，又有一對夫婦走到我前面，若無其事地向收銀員點餐。我跼起腳、揮動手，想讓收銀員看見我。可是，他並沒有見到我。我心想：可惡！成人不是應該懂得排隊嗎？我氣得火冒三丈，像頭發怒的獅子跑回家找媽媽求助。

於是，媽媽帶我到店鋪，想要找他們理論，可惜他們已經走了。我生氣極了！我第一次體會到被恃強凌弱的感受，真希望自己快點長大啊！

你的近況又怎樣？你有甚麼特別的事可以跟我分享？期待你的回信。

祝
生活愉快

表弟

浩熹
十一月十四日

我最喜愛的物品

3B 董瑋峰

我最喜愛的物品是一輛玩具賽車，它是媽媽去深水埗逛街買來送給我的，我對它愛不釋手。

這輛玩具賽車造型別緻，車身是紅色的，車頭和車尾都有燈和標誌，還有一對雨刷，可以活動。雨刷擺動時像跟旁邊的路人打招呼一樣。車身中間的兩邊有一對車門，它的打開方式很特別，車門是往上開的，就像一雙翅膀，非常帥氣。車內還有方向盤、油門和一排車座，造工精細。

它可以往前推着玩，也可以往後拉，一鬆手，它就會往前走，最遠能走十幾米呢！

每當我和弟弟玩的時候，我們會拿出自己最喜歡的玩具車，然後弄一個斜坡。弄好了，就把車子推出去，比賽誰的車更快。我們的車子都「風馳電掣」，最後，我的車勝出了！我的車跑得遠，又跑得快，真厲害！

我很喜歡這輛玩具賽車，因為它為我帶來很多樂趣，我會好好珍惜它。



一次學習新事物的經過和感受

3B 吳芷晴

二月十六日 星期六 晴

經過我不斷的努力，加上教練的提點和鼓勵，我終於成功了！

今天，我參加了學校舉辦的羽毛球興趣班。雖然我第一次打羽毛球，但我十分期待與同學進行比賽。這時候，教練說：「我們要先學習各式各樣的打球姿勢，我示範後，你們就可以打球了。」教練先示範發球，球彷彿箭一樣飛快地飛到對面了。所有同學異口同聲地說：「哇！教練你太厲害了！」我們驚訝得下巴都跌下來了。教練說如果我們努力練習，也能和他一樣那麼厲害。

於是，我們開始練習。過了一會，我自覺學有所成，就問教練：「甚麼時候才能與同學比賽呢？」教練說：「就是現在！」

我們便開始互相切磋。我的對手先發球，我打起十二分精神，全神貫注，緊張得像在考試一樣。我盯着對方手上的球，一點都不能分心。球場上，氣氛都變得緊張起來。可惜，我接不到對方的球。教練看見後，馬上走上前來，告訴我做得不正確的地方。我不停觀察別人的動作，也提醒自己說：「專心，專心。」然後不斷調整姿勢。

過了一會，我多次接到球了呢！教練稱讚我第一堂就做得很好呢！

我明白到無論做甚麼事都要有堅毅精神，不可以半途而廢。原來學習打羽毛球真不是一件容易的事情呢！

我一定會努力，精進自己打羽毛球的球技。回家時，爸爸悄悄地說：「哈哈，你對羽毛球真的那麼着迷嗎？真是一個小小的羽毛球迷呢！」

我的大象玩偶不見了

3C 沈穎賢

我抱着失而復得的大象玩偶，開心得跳起來。同時，我想起今天下午發生的事情。

今天下午，我在街上不見了我的大象玩偶，我像熱鍋上的螞蟻，心急如焚，就「哇」一聲哭起來，淚流滿臉，因為它對我來說是十分重要的，它是媽媽送給我的生日禮物。可惜，我不見了它，令我不知所措，只好去公園走幾圈找找看，但是我還是找不到我的玩偶。我叫道：「怎麼辦呢？怎麼辦呢？」就在我心神不定時，突然靈機一動，想起它可能掉了在火車站了，於是我便去火車站找一下，但是在那裏也找不到，令我傷心欲絕。

就在我要放聲大哭時，媽媽說：「你不去詢問處查問一下嗎？」我聽到後，二話不說，像一支箭般衝去詢問處，問：「請問你有沒有撿到一隻大象玩偶？」職員說：「有，它有甚麼特點？」我回答：「它有長長的鼻子，大大的耳朵和藍色的身體。」「你是說這個嗎？」職員說。「是！是！是！謝謝你！」我興奮地說。最後，我高興地接過大象玩偶回家去。

我學會了要保管好自己的物品，希望這種事情再也不會發生。



新編《狐狸和烏鴉》

3C 鄧子琪

一隻狐狸走過一片農田，突然看到一隻烏鴉停在一棵樹上。烏鴉的嘴裡叼着一塊香甜美味的奶酪。

起初，愚蠢的狐狸想重施故技。狐狸心想：上次，我成功哄騙愚蠢的天鵝，這次一定可以把烏鴉的美食騙到手，哈！於是，狐狸抬頭一看，它說：「烏鴉小姐，我們一起唱歌吧！」善良又聰明的烏鴉一聽就知道狐狸想哄騙牠。狐狸虛情假意地再次哄騙道：「我是認真的，只要你跟我一起唱歌，我就到森林找另外一塊奶酪給你。」烏鴉火冒三丈地反問：「哼！難道我不知道你心裏想着甚麼嗎？我可是心中有數的！」

這時大象剛好在散步，牠悄悄把石頭放在樹上。然後叫烏鴉把奶酪放上牠的鳥巢。烏鴉就裝作答應了狐狸，然後唱起歌來，誰知道牠的口裏不是奶酪，卻是石頭。烏鴉一張嘴，大大小小的石頭掉到了狐狸的嘴裏，狐狸知道自己上當了，後悔已經太遲了。狐狸明白不可以欺騙別人。

最後，狐狸接受大象的教訓，只好垂頭喪氣地離開了。這個故事教訓我們不要輕易相信別人，否則的話就會很容易上當。

減少廢物的方法

4A 陳凱喬

在日常生活中，我們都會製造不少廢物，現在的堆填區將不勝負荷，令人忍無可忍，所以我們一定要想辦法，現在就從個人、學校和家庭三方面為大家提供方法吧！

在個人方面，我們應盡力減少浪費塑膠。例如：去超市買東西時，不要塑料袋，可以自備環保袋，這樣做已經可以減少很多廢物了。很多人覺得自備環保袋很麻煩，不如拿超市的塑料袋方便，但貪一時方便，就製造了很多廢物。

在學校方面，我們不應浪費食物。例如：在訂午飯時，選擇自己比較喜歡的食物，這樣吃午飯時，就不會剩下很多食物了。我們如果訂購自己不喜歡的食物，就有機會餘下很多食物，產生很多廚餘。

而在家庭方面，我們要物盡其用。例如：喝完瓶裝飲料後，可以用來再盛載其他飲料，不要喝完就隨意丟棄。

為了減少廢物，大家一定要通力合作！



難忘的一周

4A 凌正行

十二月二十二日至二十八日

放聖誕假期的一周，發生了難忘的事情，現在回想起真的回味無窮。

星期五晚上，我和家人興高采烈地登上飛機，因為這是我第一次到台灣旅行。到達台灣時，我衝下飛機。到達酒店時，我們先享用酒店的自助餐晚餐，我吃得肚滿腸肥，之後便回酒店房休息。希望第二天是更愉快的一天。

星期天，我們到了台灣動物園觀賞動物。那裏有很多新奇趣怪，外形奇特的動物。我一看見，就目瞪口呆。令我印象最深刻的動物是河馬。牠張開大大的口，真的令我大吃一驚。

星期二，我們到了台北一零一大樓。在觀景台看下去的風景，真的無比優美。我好像變成了一隻小鳥，一眼可以鳥瞰全個台北。

我這輩子也不會忘記這一周，希望可以再到台灣旅遊。



好奇心重的愛迪生

4B 劉卓軒

愛迪生(1847-1931)是舉世聞名的「發明大王」，他一生中鑽研了多不勝數的科學發明，接下來，讓我們一起來看看愛迪生如何堅持理想，為人類文明作出貢獻吧！

愛迪生從小時候開始就十分喜歡發問，使他的老師覺得十分困擾，認為他想搗亂，要求他退學。從此，他便留在家裏，母親每天親自教導他。

愛迪生自幼很喜歡做實驗，雖然他失敗了一次又一次，但他仍堅持做實驗。有一次，他在火車上做實驗，火車突然剎車，把化學燃料倒在地上，造成車廂起火。雖說火最後被撲滅，但是車長火冒三丈地扇了他一巴掌。然而，他沒有半途而廢，反而努力不懈地反覆嘗試，他終於以竹炭為材料，製作出能夠持續四十五小時的燈泡。直到現在，燈泡的壽命已經達到七千二百個小時。

愛迪生還在生的時候，曾說過：「其實，我沒有失敗五千次，而是成功了五千次，我成功地證明了哪些方法是行不通的。」他勤奮堅毅，永不服輸，才能成功發明燈泡。我們應該懷着這樣的精神，勇敢面對當前的挫折和困難。



記一次你獲得稱讚的經過和感受

4B 邱鈺淇

放學回家，我把功課完成後，就收拾書包，看着數學書便讓我想起一次獲人稱讚的事情。

星期六，爸爸為我報名參加了一個數學比賽，所以我留在家中溫習。我全神貫注地溫習，連媽媽叫我也聽不見。雖然哥哥邀請我到主題樂園玩，但是為了在比賽中獲獎，我決定留在家中溫習。

第二天，我已經把所有數學題目的計算方法溫習得滾瓜爛熟。我兩眼炯炯有神、頭腦清晰地迎接比賽。到達比賽場地後，我看見到處人山人海，便想到在這麼多參賽者中拿一個獎，就像是海裏撈針一樣難。比賽開始了，每個參賽者都分秒必爭地作答，因為我實在太緊張了，所以腳也抖了起來，幸好最後能順利完成比賽。

一星期後，結果公佈了！排行榜上的每一個人分數都不分上下，十分接近。但幸運的是我獲得了二等獎！我高興得手舞足蹈，媽媽稱讚我：「做得好！這是你努力得來的結果，你為了準備比賽而捨棄玩樂的時間，你真是一個既自律又勤奮的孩子呢！」

獲獎後，我覺得獲得稱讚的感覺真好呢！接過獎牌後，我感到十分自豪。這次的經歷讓我明白到只要努力便有成果。希望下一次比賽取得更好的成績。



《我的珍藏品》

4C 鄧樂賢

每當我看見我的珍藏品——一本幼兒園的紀念冊，便會想起一些開心的回憶。雖然過了一段很長的日子，它卻完好無缺，宛如一艘堅固的船隻，經過風吹雨打也不會破。

它的顏色是紅通通的。因為我畢業了，幼兒園便把紀念冊發給我，它就像一個箱子，把我們開心的回憶存下來。上面還有全班的簽名和我小時候的照片，那時候的我有圓溜溜的臉蛋和一個圓圓的蘑菇頭，十分活潑可愛。

另外，它為甚麼對我來說這麼珍貴呢？這是因為它記載着我跟老師、同學的回憶，裏面有我們一起談天，一起玩耍，一起看書的照片。日子就一天天過去，我也成長了。在我升上小學前一天，老師們都在我的紀念冊上簽了名字。

這本紀念冊真的十分珍貴，因為它承載着幼兒園的回憶，也包含了我和朋友的友誼。所謂「相互了解是朋友，相互理解是知己」，希望日後和朋友分開了，也可以繼續聯絡。



汽車的演變

4C 王溢希

汽車是一個影響深遠的發明，它改變了我們的生活方式，使我們的生活更加便利。

在十五世紀時，三輪蒸汽汽車被廣泛使用。它的外形有三個輪子，有一個圓圓的煙囪。它用蒸汽驅動，速度慢。

十九世紀末，有車輛以馬車外形為設計，配有座位帶篷。它以汽油和柴油為燃料來推動，速度較快。它的價錢十分昂貴，對當時的普通人來說，擁有一輛車根本就是天方夜談。

現今，汽車十分普遍，外型十分輕巧、舒適、各具特色。我們可以一邊吹空調，一邊聽歌。但是它的缺點也不少，它會產生大量有毒氣體，所以後來出現電動車，顧名思義，電動車就是用電來驅動，因而比較環保，但相對來說也比較昂貴。

最後，汽車為人類帶來了極大的貢獻，它縮短了我們交通的時間，給我們更多時間做其他事。



一件意想不到的事

5A 黃妍舒

十二月九日 星期日 晴

當我看到手中的糖果時，讓我想起今天十分反常的呂同學。

今天放學後，我一如既往地去到補習社。剛到門口，我就小心翼翼地開門，但是這次卻沒有人叫我的花名，我便一邊走向我的座位，一邊小聲嘟囔：「難道他今天沒有來？實在太好了！」

剛剛走到我的座位時，我看到那位「危險人物」正坐在我前面，但是他竟在安靜地做功課，這個反常的動作令我忍不住叫了一聲：「呂同學！」他卻只是低頭繼續做功課。我看到他在改正默書本，我也改起默書本來。這次默書，我只考得五十分，心想呂同學必定會嘲笑我，但是他卻出乎意料地送我一顆糖果，說：「下一次，我們再加油！」

我看到他桌上那本默書本，原來這次默書他只考到二十分，所以他明白我。多謝你，呂同學！在你情緒低落的時候，看到我也考不好，你卻先安慰我。



校園裏的懸案

5A 潘炳熙

當我上洗手間時，我看到走廊上留下了的這幾片果皮屑……我頓時變得十分生氣，想知道是甚麼人這麼沒公德心，便下定決心一定要找出兇手，令他不能再作惡。

這些果皮是黃澄澄的，應該是香蕉的皮，它們就在男洗手間旁邊的地上。還記得三分鐘前，我看見小強和小美都拿着午膳的香蕉在走廊上走着。我摸着果皮，是硬的，應該是三天前掉下的。我記得了！三天前，小明經過男洗手間時，好像把一些東西扔在這個不顯眼的地方，當他注意有人看着他，他想也沒想就拔腿就跑，而他扔的東西就是這些黃澄澄的香蕉皮。

原來真兇就是小明！我打算把這事告訴老師，但一想到小明是個口齒伶俐的人，常討得老師的歡心，每次都能化險為夷，我的內心就開始掙扎起來：如果我把這事告訴老師，老師一定會把小明召來，到時小明一定會編藉口，令老師以為我說謊，繼而我因說謊欺騙老師而被責罰啊！相反，如果我不把這事告訴老師，小明又會趁機做壞事，這樣可不行！

最後，我還是決定把這事告訴老師，雖然老師相信我的機會很微小，但嘗試過總比沒嘗試好。我硬着頭皮把事情一五一十地告訴了老師。老師見我的樣子那麼真誠，便相信了我，不再聽小明的花言巧語，狠狠地教訓了他一頓。

這件事教會了我，做人凡事都要誠實。

我眼中的秋天

5B 黃悅涵

在四季中，我最喜歡的季節是秋天，因為涼快的清風、遍野的黃葉和香氣四溢的水果像一把鑰匙打開了秋天的大門，迎接秋天的到來。

在秋天，我看到橙黃的落葉，是仙子們在空中翩翩起舞。一陣陣微風飄揚而來，沁人心脾，令人猶如置身在仙境一樣。

在秋天，我看到果實累累的水果，有的是蘋果，有的是桃子，有的是香蕉……我被眼前的美景迷住了，立刻找適合野餐的地方坐下來，一邊吃，一邊欣賞美景。我嗅到清香陣陣的水果香味，令我的一切煩惱都消失了。

這個季節是那麼寧靜，那麼美好，那麼自由，令人心中久久不能忘懷。

論「勤有功，戲無益」

5B 張崇恩

古語有云：「勤有功，戲無益。」這句話的意思是指勤奮的人會得成就，而遊戲是毫無益處的。我認為一個勤力學習的人就會變成個有用的人，相反一個沉迷在電子遊戲的人就會變成一個頹廢無用的人，但適當時遊戲是可以讓我們身心得以放鬆。

首先，勤奮努力可以讓我們的成績進步。例如：堅毅不屈的李慧詩，她在小時候有貧血病，但她最後克服了病患，成為了一個單車運動員，經過長年累月的訓練，更得到了奧運金牌，可見我們勤奮努力是能進步的。

其次，勤奮學習可以增長知識，然而，沉迷在電子遊戲中不但知識沒有長進，最後甚至更會荒廢學業。由此可見，我們應勤奮學習。

然而，適當玩遊戲可以令我們身心得以放鬆，就好像教育和兒童心理學家確認遊戲能促進孩子智能和肌肉的發展，發揮他們的想像力，所以我們要適時遊戲，同時也要努力學習，生活就會更健康和平衡。



在四季之中，我最喜愛的是春天。它沒有夏天的驕陽似火；沒有秋天的清涼；沒有冬天的寒氣迫人，但我喜愛春天的生機勃勃。

春天，充滿生氣、充滿歡笑聲、充滿色彩。所謂「一日之計在於晨，一年之計在於春」，春天同時也是一個開始。春天花兒盛開，露出燦爛的笑容，「吱吱喳喳」的小鳥陪伴人們一起快樂地唱歌，令人滿臉春風。

春天，十分暖和。每天的太陽十分耀眼，令人樂而忘憂。看見小孩心花怒放地奔跑，他們跑得大汗淋漓。優美的花兒和小草從熟睡中醒來。春天的溫暖使萬物蘇醒，擺脫冬天的寒冷，迎接春天的溫暖。我嗅到清新空氣，讓我心曠神怡。

春天，景色壯觀，令我心馳神往。春天，大樹綠葉成蔭，色彩繽紛的花兒綻開，例如：櫻花、桃花、百合，它們紛紛向我們微笑說：「春天來了，春天來了！」我坐在草地上，一邊野餐，一邊與家人享受天倫之樂。

春天，百花齊放、生機勃勃、多姿多彩。春天氣候溫暖，讓人感受到溫暖、幸福，也教會我春天是個開始，我要好好為自己訂好目標！



玩電子遊戲對青少年的影響

近年來，網絡世界發展蓬勃，互聯網已成為日常生活的必須品，而電子遊戲的發展更是一日千里。二零二三年在中國杭州舉行的亞運會，更首設電競比賽，可想而知，它已變成了一項普及的運動。這樣說，究竟玩電子遊戲對青少年有甚麼影響？

首先，玩電子遊戲的正面影響是可以強化手眼協調和大腦運作速度。因為玩電子遊戲能協調視覺和肢體動作，也可以訓練大腦的運作速度，因為大腦需要過濾和解讀大量訊息，因此也能訓練大腦的運作能力。而且，遊戲可以紓緩壓力，不過花太多時間，就變成弊多於利了。只要玩的時間控制得宜的話，就是一項相當理想的休閒活動了。

然而，玩電子遊戲都有不少的負面影響，它也會損害身體，因為電子遊戲的藍光會影響視力和睡眠質素。

沉迷玩電子遊戲也會引致肥胖，因為它可使人忽略運動，以致累積脂肪。根據香港大學社會及健康心理學實驗室於二零一七年進行的「香港高小學生打機習慣調查」，初步估計本港有一成學童屬有風險或可能已患上打機成癮。由此可見，玩電子遊戲容易令我們容易上癮。

其次，玩電子遊戲也會影響學業和社交。如果學生每天都沉迷於打機，就會馬馬虎虎地做功課。玩電子遊戲也會減少和家人溝通及與朋友的活動。在過去三年疫情期間，學童長期使用電子產品，對電子產品更為依賴和成癮。衛生署社會醫學顧問醫生曾分享案例，一個小四學童每日花三至四小時玩電子遊戲，導致自信心偏低，甚至因沉迷電子遊戲而廢寢忘食。

總括而言，玩電子遊戲是弊多於利的，雖然玩電子遊戲可以紓緩壓力，但如不能好好使用的話，最後就物極必反，弄巧成拙。希望大家在它的好與壞之間取得平衡。

一場緊張的比賽

6A 簡雅婧

當我看着床頭的獎盃時，我便想起那次跳舞比賽的情景，至今仍歷歷在目。

兩個月前，我參加了跳舞比賽，因為我快升中學了，想鍛鍊一下自己的膽子。在跳舞老師的帶領下，很快就開始排練了。每次排舞總要練習幾個小時。放學後，我已經汗流浹背，真想「打退堂鼓」，不參與比賽了。回家後，媽媽總是一邊不厭其煩地幫我按摩，一邊鼓勵我，說：「堅持就是勝利！」

一轉眼，就到了比賽的大日子。我跟着跳舞老師來到後台化妝、換舞衣，我看到其他選手穿着精美的舞衣，化了漂亮的妝容，擁有高超的舞技，我緊張的心像要跳出來般。媽媽看見我忐忑不安的樣子，就安慰我：「別緊張，只要像平常一樣跳舞就可以了！」我聽後，心情慢慢平復下來，如釋重負。

終於輪到我出場了，這時，音樂響起，我就像一隻蝴蝶，在花叢中翩翩起舞。突然，我看見評判嚴肅的臉，不禁緊張起來。忽然，我又想起媽媽鼓勵我的話，我立即投入舞蹈中，順利完成了比賽。

最後，我獲得了第二名，我高興得一蹦三尺高！經過這次比賽，我明白了「堅持就是勝利」的道理。我也體會到媽媽對我的愛。如果沒有媽媽對我的鼓勵，我就沒有今天的佳績。媽媽，謝謝您！



怎樣與同學建立良好關係

6A 錢可馨

現今，大部分人不會和同學建立良好關係，因而帶來一些問題，輕則出現誤會，重則引致校園欺凌，可見若我們不懂得和同學建立良好和諧的關係，便會帶來可怕的後果。那麼怎樣才可以和同學建立良好和諧的關係呢？其實和同學溝通也要勇氣的，現在就讓我說明以下三個要點吧！

首先，要學習和同學溝通。現時，有不少學生因避免尷尬和意見不合，選擇減少和人溝通，試想想，如果減少和人溝通會怎樣？同學就有可能疏遠你，融入不了群體。如果你和同學多多溝通、談天、互訴心事，可能關係就會改變。

其次，同學之間要互相尊重和包容。當同學之間意見不同時，大家都要放下主觀的想法，雙向思考，平心靜氣地溝通。若大家都怒目相向，甚至說出互相傷害的說話，惡言惡語就像利刃，令彼此的關係出現無法修補的裂痕。所以我們應該多為對方着想，易地而處。相信良好的溝通後，必能達到共識。

最後，同學之間要互相幫助。例如，有些同學會聽不明白老師所說的教學內容，作為同學，難道我們不應該幫助他們嗎？此外，當同學在功課遇到困難，我們也應該無私奉獻，盡自己的努力和知識教導和幫助他們。這種關懷和幫助，可以令同學彼此的關係更進一步。

總而言之，同學之間的關係要努力建立才能變得良好，甚至成為好朋友！多溝通、互相尊重、包容和幫助，我相信如果能夠做到以上三點，就能和同學建立良好又和諧的關係。同學會陪你渡過學生的生涯，讓我們一起努力吧！

我夢想中的酒店，它位於宇宙不同角落，它是一個家，不但服務周全，而且應有盡有，更有無窮無盡的玩樂設施。

它的形狀就像一個「太空魔方」，顏色由客人自訂，也可以變成透明、雙色、三色……總面積共八千萬平方米，建造物料是由張日朗先生發明的電子玻璃，這也不算最厲害！最厲害的是——這酒店在你入住期間能穿梭宇宙不同的角落！

酒店內提供了五花八門的食物。你只要一進了酒店，服務機器人就會上前問道：「請問想吃什麼？」無論你想吃什麼、吃多少，它就會變成一個「大廚神」，按着世界大廚的食譜煮給你，還能隨時送上門，是不是很方便呢？但如果你想不到吃甚麼，就可問它有甚麼推介，它就會根據你的聲音分析你當時的心情，然後向你推介美食。

酒店提供了應有盡有的必需品、無窮無盡的玩樂設施。它會根據你的造型、髮型、動作……將你所需要的東西變出來！它也會感應你現在的心跳，變出適合的玩樂設施，例如：你的心跳越慢，它就會變出一些激烈的玩意，如此類推，為你在太空旅遊畫上圓滿的句號。

總括來說，這酒店不但服務周全，而且設施應有盡有、有無窮無盡的玩意，希望所有人都可以享受這種快樂。



孫悟空遇上雞精

6B 楊傑仁

孫悟空四人離開火焰山後，他們路過了一條村落，剛好那時已經是晚上了，他們便決定留下過夜。他們進村時，看到村民十分的飢餓，便上前問道：「你們為甚麼看起來十分飢餓？」村民說：「數天前，村裏出現了一隻雞精，牠把我們的所有荔枝都吃光了，所以我們便沒有收入，我們現在只能煮一些稀粥來維持生命。」孫悟空四人聽後，他們便決定要幫助村民捉拿雞精。

孫悟空四人就按照村民所說，浩浩蕩蕩地闖入那雞精的大本營——雞山。他們路過一轉角時，卻觸發了陷阱，那一瞬間，唐三藏就被捉走了。孫悟空剛反應過來，就看到了一隻妖精，孫悟空立即派了分身前往查看，結果分身只因多看了那妖精一眼就爆炸了，幸好孫悟空修為高強，才沒有受牽連。孫悟空立即回想起了村民所說的話：「雞精的外表是頭上長有雞冠、穿着背帶褲、背着籃球，還有着雞咀。」孫悟空就知道了在他面前的就是雞精。

孫悟空立即拿起了金鋼棒衝上前，但一走近，雞精頓時消失了，但下一秒雞精竟出現在孫悟空的背後，然後他就一拳打向孫悟空的背上，這一拳把孫悟空打得飛了數十米遠。孫悟空在地上打滾一輪後，氣急敗壞，天上剛好在這時下起暴雨，此時，雞精竟然消失眼前，原來他正慌張地逃走了。這時，孫悟空才知道了原來雞精怕水，於是他們就決定找觀音菩薩幫忙。

到達靈山後，孫悟空有禮貌地向觀音菩薩說：「菩薩！你能幫我們打敗那雞精嗎？」菩薩語重心長地說：「我不能幫你們打敗那雞精，不過我能幫助你改良筋斗雲。」改良後，筋斗雲不但能吸水，還能噴水，只要在腦海裏想着「噴水」，它就能如噴泉般噴水，他們拿到法寶後，就立即回去了。

他們來到洞口，就發現雞精趾高氣揚地站着，孫悟空二話不說，立即衝上前，然後一拳向雞精的臉打去，雞精一個側身就輕易躲開了，這時候，孫悟空就召喚了筋斗雲，然後就全神貫注，腦海裏不停想着噴水，水就很快地噴了下來，雞精來不及躲開，就被水融化了。戰後，他們就在山洞裏救出唐三藏，他們就繼續踏上取經之路了。

一件令我後悔的事

6C 陳雅喬

每當我看見這枝筆時，就不禁想起那一次令我後悔的事。

那天早上，我在上學時經過了一間文具店，看到一枝美麗的原子筆，便毫不猶豫買下了。之後，我美滋滋地上學去。到了學校，那枝筆不見了，我心想：小明坐在我旁邊，除了他還會有誰？

我語氣嚴肅地跟他說：「我一直都把你當朋友一起玩，你怎麼能偷我的筆，快交出來！」「甚麼？我偷了你的筆？你有證據嗎？」他好像甚麼都不知道。但我依然不服氣地說：「你坐在我旁邊，又貪新忘舊，除了你，還可以是誰？」

「原來我在你眼中是這樣的人嗎？就算我貪新忘舊，也不會做這樣的事！」他說完後便生氣地走了，也因此我們吵架了。正當我打算把這件事告訴老師時，我在亂七八糟的抽屜裏找到那支筆，我想：唉，看來我錯怪他了，還是去跟他道歉吧。我對小明說：「小……小明，對不起，是……是我錯怪了你。」「好的，下不為例。」小明說。就這樣我們又成為了朋友。

雖然小明原諒了我，但我還是很後悔因此而大吵一架。經過這次的經歷，我學會做事要了解事情的真相才下定論。



旅遊記趣

6C 黃子昊

復活節期間，我們一家到了北京的環球影城遊玩。環球影城共分為七個園區，是一個令人樂而忘返的地方。我最喜歡的其中三個地方很有特色，包括「小黃人園區」、「變形金剛園區」和「哈利波特園區」。

首先，進入大門後一直向前走，再右轉三分鐘就到了「小黃人園區」，那裏有個小黃人雕像，還有很多色彩繽紛的房子。我們玩了「小黃人鬧翻天」，它是一個立體遊戲，要帶上立體眼鏡遊玩，為視覺帶來無比震撼，令角色就像真的在眼前一樣，令人彷彿身臨其境。

接着，向左轉經過「侏羅紀世界園區」後，再向東方走，便來到一個以未來科技和變形金剛做主題的園區——「變形金剛園區」。到達後，我立即奔向緊張刺激的「霸天虎過山車」。我們登上列車，當列車駛到霸天虎大炮的中間時，突然，列車立即加速，以最快的速度向下衝，我們嚇得心臟都快跳出來。

離開「變形金剛園區」，向東北方走，便來到令人感覺身處於魔法世界的「哈利波特園區」。我們玩了「哈利波特的禁忌之旅」，我們坐上車，便進入魔法世界，跟着哈利波特，進行禁忌之旅。這個過山車的畫面活靈活現，讓人感覺就像真的置身魔法世界。

天色漸漸暗了下來，我們要離開環球影城了，我感到依依不捨。今天的旅程不但令我們放鬆心情，還令我們大開眼界，希望下次能去別的環球影城。

With my Mouth

1A Lam Jun Ting

With my mouth, I can eat pizza.
I can drink a glass of water.
I can taste some lemon.
I can sing 'Beauty and the Beast'.
I can talk to my dad.
I can pray.
I can smile.
I can laugh.
I can do a lot of things with my mouth.



With my Legs

1A Li Sum Yu

With my legs, I can hop.
I can walk to school.
I can run in the park.
I can swim in the sea.
I can jump up and down.
I can kick the football.
I can jog in the garden.
I can ride my bicycle.
I can dance at home.
I can do many things with my legs.



My Beautiful Clothes

1B Lam Nga Man

Look at me!
My crown is yellow.
My gown is pink and purple.
My high heels are red.
My sunglasses are black.
My necklace is blue.
I like my gown best.



Having a Picnic

1B Lui Chor Kiu Jayla

Today is a cloudy day.
My friends and I are having a picnic.
I am playing baA games.
Inanna and Louis Wan are playing on the slide.
Cherry is singing with Hannah.
Jesse is sleeping on the grass.
Anna is hungry. She is eating an ice cream.
We feel wonderful!



The Market

1C Lee Tai Yi

I am going to the market.
I can see fish and vegetables.
I can hear hawkers.
I can taste mangoes.
I can smell durians.
I can touch eggs.
I feel hungry!



Disneyland

1C Kong Sing Pui

I am going to Disneyland.
I can see Mickey Mouse.
I can hear music.
I can taste hot dogs.
I can smell pizzas.
I can touch an ice cream cone.
I feel great!

Going Shopping

2A Mok Tsz Yau

Today, Dad and I go to Piggy Supermarket. We go there at eleven o'clock in the morning. We want to buy some snacks. I feel great!

I want to buy some candies but Dad says it is not good for me. Dad says we need to buy some mangoes, milk and jelly powder. Then, we can make mango jelly. We spend sixty dollars in the end. We feel wonderful!

Going Shopping

2A Chan Sum Yu

Today, Mum and I go to APSSS Supermarket. We go there at half past two in the afternoon. We want to buy some food there. I feel excited!

I want to buy marshmallows but Mum says it is unhealthy food. We need to buy some healthy food. We can buy vegetables, eggs and meat. We spend sixty-five dollars. We feel great!

Going to the Supermarket

2B Lam Ming Sam

Today, my dad and I go to Happy Fun Supermarket at nine o'clock in the evening. We want to buy some food. We feel great!

I want to buy potato chips but my dad says it is not good for me. We need to buy vegetables, meat and bread. Then we can make sandwiches. We spend fifty dollars in the end. We feel happy!

My Dream Park

2B Wong Sze Wing Beryl

This is my dream park- Super Park.

There is a sand pit between the see-saw and the kiosk. There is a fountain behind the sand pit. There is a monkey bar set under the tree.

I can play in the sand pit with my sister. My dad and mum can take some photos near the fountain. Then, we can buy drinks and hot dogs and have a rest on the bench.

Do you like my dream park?



My Favourite Teacher

2C Chui Yee Ching

My favourite teacher is Miss Chan. She has long hair. She teaches me Maths and Art. She has a small nose and a small mouth.

She is kind, caring and hard-working. She teaches me nicely. She gives me presents after I answer the questions. She takes good care of me and my brother.

Miss Chan likes to eat strawberries. She likes singing. I like her very much.



My Favourite Teacher

2C Hui Ho Chi

My favourite teacher is Mr Wong. He has short hair. He has small eyes and big ears. He is short and thin.

He is kind, hard-working and caring. He takes good care of me.

Mr Wong likes to eat fish and fruit. He likes hiking and singing. I like him very much.

My Favourite Season

3A Lau Chiu Yu Dorothy

My favourite season is summer. The weather is hot and wet. I often wear a T-shirt, a pink skirt and a beautiful dress.

I love going swimming at the beach with my parents. I enjoy eating ice cream because it can cool me down and it is so delicious.

I love summer most because it is an energetic season. Also, it is a relaxing season for me because I can have a long summer holiday. I feel delightful because I can enjoy plenty of tasty food and do many outdoor activities.

Which season do you like best?



A School Picnic

3A Chow Ho Hei Lucas

Today is warm. My classmates, teachers and I go to the country park. We can hear birds chirping. I look at the pretty flowers. I feel relaxed because the view is beautiful.

Then, we have a picnic at lunchtime. We sit under a tree. We take out some sandwiches and cupcakes for lunch. I am glad because we can chat together.

Suddenly, a spider drops on Tom's hand. When Tom sees the spider, he shivers and drops his sandwich on the grass. He says, 'It's a spider! Help!' He is scared so he bursts out crying.

In the end, Ben takes out a tissue and catches the spider. I think Ben is brave and helpful because he helps Tom. Then, I comfort Tom and share my lunch with him.

What an exciting day!



Going to Joy Park

3B Kwok Yik O Leo

Last Sunday, it was sunny. David went to Joy Park with his dad and their dog called Pizza. They went there by bus. They went there because they wanted to play badminton. They felt excited because it was fun.

David and his dad played badminton for sixty minutes. Suddenly, Pizza saw a ball. It ran away and caught the ball.

Then, David could not find the dog. Therefore, he said, 'Pizza, Pizza, where are you?' However, there was no reply. His dad replied, 'Don't worry! We can find it.' They felt worried.

Then, they asked others for help. There were a lot of people helping David. Luckily, a man found Pizza after fifteen minutes. David felt thankful and he said, 'Thank you for your help!' The man replied, 'You're welcome!'

What a lucky day!

A Diary Entry

3B White Tsz Yau

18th February, 2024 (Sunday)

Sunny

This morning, I had breakfast with Mavis at home. Then, I went shopping. There were a lot of things to buy. They were interesting!

In the afternoon, I was tired so I took a nap with Mavis. I slept very well. I woke up at three o'clock. I wanted to watch TV so I watched it with Mavis.

After watching a film, I read a book. At first, I thought the book was boring but it was interesting! I read it and I borrowed a lot more books from the library.

In the evening, I painted pictures with Mavis at five o'clock. I felt excited because painting pictures was fun. Then, I sang songs with Mavis. It was so funny so I laughed and laughed. I also did homework with her.

What a great day!



A Rainy Day

3C Samra David

Today, my family and I go to the country park. I ask Dad, 'How can we get there?' Dad replies, 'We can get there by Bus 53.' I want to have a picnic so we bring lots of food, such as apples, bananas, pears, bread, sandwiches, etc. I feel wonderful because I can have a good time.

Suddenly, it starts raining cats and dogs! We run back home. Dad shouts, 'Let's run home! Run faster!' When we are at home, we look outside and cry. We are very upset because we can't go to the country park. I say, 'Let's watch TV!'

In the end, we decide to watch TV. I feel glad because I can watch my favourite TV show. The show is fun and I laugh a lot.

What a lucky day!



A School Picnic

3C Lau Ronny

Today is cloudy but hot. My classmates, teachers and I go to a country park. I can see a lot of plants and trees. I play hide-and-seek with my classmates. I feel hungry because I run a lot.

Then, at one o'clock, my classmates and I sit under a tree to have a picnic. We eat sandwiches, a bowl of salad and drink three boxes of juice. We feel full because we eat a lot.

Suddenly, my classmate, James, sees a spider on his hand. He shakes off the spider but his sandwich also falls onto the ground. He says, 'I want to go home!' He feels frightened.

In the end, Gabe helps James to buy a sandwich from the kiosk and gives it to him. I feel excited because Gabe helps James. We play ball games after James finishes his sandwich.

What an exciting day!

What a Thrilling Scene!

4A Chan Hei Kei

I was with my classmate, Cherry, yesterday. We went to Sheung Shui by bus. We saw a girl walking across the road when the traffic light was red.

Suddenly, the car rushed towards the girl but the girl was still playing on her mobile phone. We felt anxious and shouted loudly to the girl.

However, the car could not stop immediately and knocked the girl down! The girl fell down on the road and was bleeding. We called 999 and the ambulance came after five minutes.

We were scared and went home together. During dinner, the TV news said the girl was injured deeply and might become handicapped. I was so shocked!

I won't play on the mobile phone again when I walk across the road. I will regret it!



A Birthday Surprise

4A Lam Nga Hing

Last Sunday, Tom wanted to give his sister a surprise for her birthday. He visited Happy Cake Shop to buy a cake.

When Tom went into the shop, he saw two cakes: a strawberry cake and a chocolate cake. The chocolate cake was more expensive but Tom knew it was more delicious. He finally chose the chocolate cake.

Then, Tom went to the cashier to pay for the cake but he could not find his wallet. He felt worried.

However, at that moment, Tom's mother entered the cake shop and scolded him, 'You are a careless boy! You forgot to bring your wallet!' Tom's mother helped him pay for the cake. Tom was touched and said, 'Thanks, Mom. I won't be so careless next time.'

Tom happily took the birthday cake to his sister. She had a happy birthday.



A Two-day Tour in Hong Kong

4B Sunyi Woo

There are a lot of interesting places to visit in Hong Kong. You can try this two-day tour.

On the first morning, you will go to The Peak. It is on Hong Kong Island. You can see The Peak Tower at The Peak. You can visit the wax museum. You can look at the beautiful view of Hong Kong too. It is a great place for visitors because it is one of the most popular sightseeing places in Hong Kong.

In the afternoon, you will go to Ocean Park. It is also on Hong Kong Island. You can go there by MTR. You can see different animals such as pandas and dolphins. You can go on the rides and ride on the cable car too. It is amazing!

On the second morning, you will go to Lam Tsuen Wishing Tree. It is in the New Territories. You can go there by bus. You can see some traditional buildings. You can make a wish and taste some traditional food there. It is a fantastic place because you can learn more about Chinese culture.

In the afternoon, you will go to Tai Po Waterfront Park. You can see a lot of plants there. You can go there by bus. You can have a picnic or visit the Hong Kong Lookout Tower. It is a wonderful place. The tower is one of the landmarks of the park.

I hope you will enjoy this two-day tour!



The Picnic

4C Chan Ka Po

Yesterday, the Chan family went on a picnic. They were very excited because it was their first family picnic. They went to the supermarket to buy some food and drinks.

The children chose their favourite food and drinks. There was a tin of sausages, a loaf of bread and three cartons of blackcurrant juice. They went to the cashier and paid one hundred three dollars and fifty cents.

Then, they went to Aberdeen Country Park by bus. When they got off the bus, they left the food on the bus! They were worried and they all felt hungry.

An old woman saw the Chan family and they told her what happened. The old woman thought that they were poor so she gave them some food and money. They thanked her for her help. They felt great.

In the end, they went back home by bus in the evening. When they got on the bus, they were surprised because they found their food and drinks!

They planned to go on a picnic on Sunday again.

Going to the Library

4C Tang Lok Yin

Going to the library is a good habit. There are some good points about going there. I can read a lot of English storybooks. Then, my grammar will improve. I can do my homework at the self-study room because it provides a quiet environment for me.

In the public library, I can enjoy some activities like seeing exhibitions, listening to the stories and doing parent-children workshops. My favourite activity is listening to stories because it is fun.

In the school library, there are a lot of activities for us to enjoy, for example, booth games and Reading Day.

I visit the library every day because I can study there. I always borrow pop-up books and read reference books in my spare time. They are amazing.

Sometimes, I like to use the computer to search for some books there. I think it is very convenient.

I think visiting the library is a wonderful and joyful experience. I hope you also enjoy going to the library.



A Thrilling Scene

4C To Chun

I was with my classmate, Cherry, yesterday. While we were waiting for the bus, we were chatting happily. Suddenly, we saw our classmate, Jenna. She was using her mobile phone. We waved at her but she did not respond. She just kept staring at her mobile phone. Therefore, we waited for her to cross the road.

Curiously, she was going to cross the road even though there was a red light. We thought she was joking but we were wrong. She started crossing the road and she did not even care if the red light was still on.

As soon as I looked through the corner of my eyes, I saw a car zooming in our direction. It was so fast! It was like a cheetah!

The car got closer and closer. Cherry and I shouted, 'Jenna, STOP!' However, she couldn't hear us. We kept shouting at her but it was too late.

The driver saw Jenna and stopped right in time. The driver looked furious. He got out of the car and shouted at Jenna, 'What's the matter with you, huh?' You think it's funny to cross the road when there's a red light?' Jenna murmured, 'Sorry.' Then, the driver sped away.

From that moment on, Jenna learned to look at the traffic lights when she crosses the road.

What a thrilling experience!

My Favourite Country

5A Hung Wan Ki

Argentina is my dream country but I have not been there yet. It is known for winning different association football competitions. If you love eating and sightseeing, this place is great for you.

If you love spending time in nature, you must visit the Iguazu Falls. It is a tall waterfall. You can also go to the Macuco Safari and enjoy a boat ride. If you like looking at animals, you may visit the Moreno Glacier. It is a colossal glacier with wildlife.

Another great thing about Argentina is concerts. The tango is a show in which people dress in formal suits or dresses and dance.

Argentina is good at making wine too. It is the fifth largest wine producer in the world, producing 13,019 bottles per year. You may try Malbec wine with your family, if you have a chance.

I want to visit Argentina. I hope I can go there one day.



My Birthday

5A Poon Ping Hei

Yesterday was my birthday. My family decorated the house with beautiful decorations. I saw a birthday gift on the table and I opened it immediately. Oh! It was a fabulous robot! I was extremely happy at that time!

In the afternoon, my parents took out a birthday cake with the name 'Ken' on it. Then, they told me that the birthday cake was made by themselves. I was moved. I thought they bought the cake for me. I closed my eyes to make a wish. At the same time, I heard a crash! I quickly opened my eyes and I was shocked. The first thing I saw was a broken robot!

I felt resentful and I shouted at my sister, 'Before touching the robot, why didn't you ask me? You broke the robot! I will never let you play with my toys again!' She felt frightened and started crying. My dad said, 'Calm down, Ken! She was just being careless this time. You broke her things before also. Has she ever screamed about what you did?'

'Dad was right,' I thought. I stopped scolding my sister. I said sorry to her and I hugged her tightly. I promised her I would not scold her like that anymore. Then, we became joyful again and we ate the birthday cake happily.

I hope I won't scold my sister again.



An Awful Day

5C Lam Pok Him

What an awful day! I quarrelled with my best friend, John. We have been good friends since the first month of primary school.

I invited John to watch movies with me at home. I chose a Doraemon movie. I thought it was good. 'Do you like watching Doraemon movies?' I asked. However, John replied loudly, 'I want Spider-man, not Doraemon!' I stared at him and shouted angrily, 'You are stupid!' Then, he said nothing and went away quickly.

Today, I told my mum about it. Mum said, 'Alfred, you should talk to John and see if he has some problems.' 'I will say sorry to him tomorrow. I hope he will forgive me.' I murmured.

I hope our friendship will last forever.



A Terrible Day

5C Wong Hei Tung

What a terrible day! I quarrelled with my best friend, Celeste, yesterday. We have been good friends since Primary two. We always play and chat with each other.

Yesterday, Celeste came to my home. We decided to play online games together. I was on Celeste's team. It was great at first but accidentally I lost the game. 'Oh no! What did you do?' she shouted. 'I didn't mean it,' I replied. Then, we started arguing.

Then, my mum told me to apologise and she said, 'Do you want to lose such a good friend?'

Today, I said sorry to Celeste and gave her a gift. 'I was wrong too. I shouldn't speak rudely,' she said.

At last, we became best friends again. We learnt how to get along with each other too! I hope we will be friends forever.



An Animal Meeting

6A Cheng Chik Tung

One day, some endangered animals had a meeting in Pudding Forest. All the guests sat down on the soft green grassland. Tiger Lily, Elephant Bobo and Panda Tuntun were all invited to the meeting. They were all so upset about the pollution that humans caused.

Elephant Bobo said, 'Humans cut down trees. Therefore, we have no fruit to eat! Also, they have baths and we have less water to drink!' The others nodded. 'We are not good either!' said Tiger Lily. 'Humans kill us for our skin. Our fur is beautiful so humans made them into coats, handbags and blankets!' cried Tiger Lily. The other animals tried to calm her down but they couldn't. 'Humans are so cruel! How can they do that?' said Panda Tuntun in an angry voice. 'They also destroy bamboo forests!' said Panda Tuntun! 'We are so hungry! Humans are cruel! We shouldn't trust humans anymore!' the animals shouted.

At that moment, a hunter came into the forest and heard them talking. He was so ashamed of himself. He said sorry to the animals and promised not to do that again. The animals were delighted and forgave him and all the humans.

We should not do something that harms the animals again! Let's protect the animals from now on!



My Most Memorable Experience at APSSS

6A Lam Yuet

One of my most memorable experiences in APSSS is the school picnic. It was held on 30th November last year at Butterfly Beach Park.

When we arrived, our group found a spot to have our picnic. We had so much food! Chips, cookies, even cupcakes!

After we ate some food, we went to play on the beach. I brought my Frisbee. We threw it around for a while. Then, Athena and I made a small sand mountain. We used a paper cup we found to shape it and decorated it with seashells. When we were finished, the four of us had nothing else to do so we started to dig a hole in the sand because we wanted to reach the sea water. The hole was pretty deep but it was later destroyed by Marcus and Jacky. We also made a sand bunny and a sand turtle, which also got destroyed.

After playing for hours, we were all exhausted so we went to buy ice cream at the kiosk. Eating ice cream and chatting together was so nice and relaxing. We all went back to school feeling very satisfied with this school trip.

The school picnic was one of the most fun and memorable experiences ever. I feel so incredibly lucky to have so many amazing memories with my classmates and teachers. I will forever cherish them.

My Most Memorable Experience at APSSS

6C Zhang Tsz Ching

In the blink of an eye, I have almost finished my primary school journey. In a few weeks' time, I need to say goodbye to APSSS and start my new journey at secondary school.

It will be like six years ago when I started primary school. Yet, this time, I will not cry and I am much better prepared to take on the challenges and demands of secondary school.

In APSSS, the principal, teachers and school staff have done so much to help us learn, grow and blossom with self-assurance. I feel grateful for how lucky I am.

I want to say thank you to my Maths teacher, Miss Chan. When I was in Primary 5, my Maths was not good. I could not get high marks in the exam and I was upset about it. Once, Miss Chan talked to me and taught me some study skills. Gradually, I gained some confidence in Maths and got better results in the assessments.

I am so delighted that I have met so many friends here. They usually cheer me up when I am sad. They used to tell me funny jokes to make me laugh too.

We are now going to say farewell to APSSS and our friends. I am very sure that none of us will do it willingly but I know that we will keep all our treasured memories close to our hearts forever.



My Curious Dog

6C Tang Khalil

Last Sunday, I didn't go anywhere but stayed at home to finish my homework. Although I could not hang out, I still felt great because the homework was the easiest thing for me. Besides, my lovely puppy, Polo, was by my side.

When I was so focused on my homework, I heard 'ding dong' from the door. I wondered who would come but anyway I went towards it and opened the door. When I was opening the door, not paying attention to my homework on the table, Polo hopped onto my chair and started sniffing my homework. I thought it was okay because maybe he was very interested in it.

'Hi, Mum. Welcome back.' Without hesitation, I helped Mum with one of the grocery bags because they looked so heavy. At that moment, we turned around. We were terribly shocked by what we saw. Polo was chewing my homework! 'Oh! No way!' yelled Mum.

Dad heard Mum screaming and rushed out to see what happened. We pointed to Polo and immediately, he ran like a flash to the kitchen to grab some dog snacks. He drew Polo's attention with the snacks successfully and took the pieces of the homework from his mouth. Mum and I dried the pieces and taped them together.

We did not blame Polo for anything because we understood that he was just curious about it. However, I did learn a lesson - I need to be cautious of keeping my belongings safe.

6A 方皓陽

田園小作家storyboard

角色形象：



角色名字：啤梨爺爺

角色介紹：

愛喝茶，性格鎮定，是百家村的爺爺，擅長跳舞，相信世界無難事。

故事的開始：

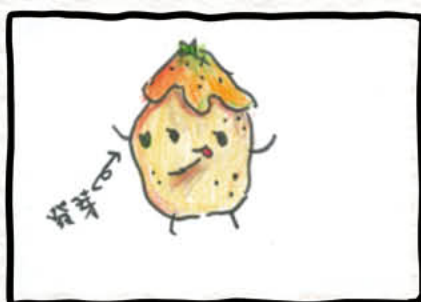


村民離開百家村，因為田園發生很多問題，例如：玉米寶寶生病了，也被小蟲咬；土壤養料流失、土質變硬；田園、河流也受到污染。

6A 鄭積彤

田園小作家storyboard

角色形象：



角色名字：薯仔橙

角色介紹：

愛吃橙，性格有好奇心，是百家村的村民，擅長種植，改變植物基因，相信總有一天能夠融合薯仔和橙的營養。

故事的開始：

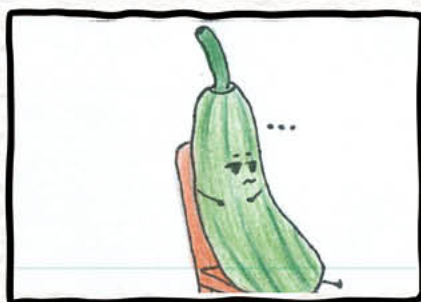


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6C 魏天恩

田園小作家storyboard

角色形象：



角色名字：瓜瓜青

角色介紹：

愛沉思，性格沉著細心，是百家村的心理醫生，擅長研究別人的內心，相信自己的直覺。

故事的開始：



村民離開百家村，因為田園發生很多問題，例如：玉米寶寶生病了，也被小蟲咬；土壤養料流失、土質變硬；田園、河流也受到污染。

故事的發展：



今天，啤梨爺爺又在家裏喝茶。突然，聽到有人在敲門，嘩！嘩！嘩！他開了門，原來是村長向啤梨爺爺尋求幫助。

故事的高潮：



啤梨爺爺不慌不忙地拿著收音機到了田地。音樂一起，啤梨爺爺跳起舞來。植物逐漸復甦，趕走害蟲。全場「嘩！」的一聲。

故事的結局：



村民重新回到百家村，田園回復當初的樣貌。從此，百家村村民過著安穩又幸福的生活。

故事的發展：



薯仔橙表示：「我可以改變玉米寶寶的基因，讓蟲子不再啃食小玉米們。」

故事的高潮：



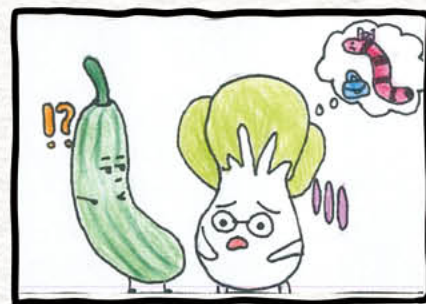
薯仔橙廢寢忘食地研究出一株不怕蚊蟲的玉米。

故事的結局：



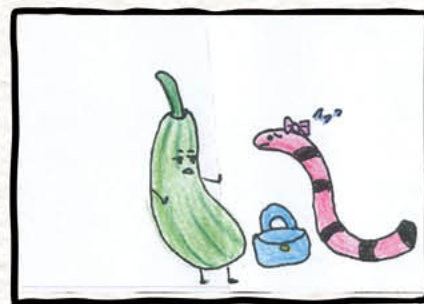
大家合力種下薯仔橙發明的那種不怕蚊蟲、也不用太多養料的「頑強玉米」。從此，百家村再也不用因為田園問題而煩惱了！

故事的發展：



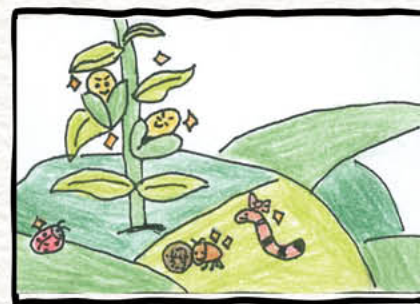
小菜菜想盡千方百計，決定尋求百家村的心理醫生——瓜瓜青來幫助蚯蚓小姐除去心病。

故事的高潮：



瓜瓜青來到蚯蚓小姐的家，為她進行心理治療，蚯蚓小姐決定返回工作。

故事的結局：



最後，百家村的村民紛紛回來，玉米寶寶都康復了，大家都非常感謝為百家村付出的村民。



會跳舞的圓
1A 黎雨涵



煙花
1B 張嘉兒



百變花花
1B 黃樂軒



我喜愛的花兒
1C 楊倩汶



我在陽光下
2A 張逸朗



從天而來的奇幻景色
2A 莊栢豪



我在陽光下
2B 周懷谷





傷心的我
2C 石恩禧



大吉大利
3A 劉彥孜



水樽素描
3A 彭敬軒



中國紋飾小袋子
3B 董瑋峰



動物大變身
3B 謝焯琳



親親我好嗎
3B 鄧涵琪



花和蝴蝶
3C 李思茵



湖光山色
4A 李頌昕



海洋生物
3C 張靚鈺



復活蛋
4A 何紫菡





看得見的交響樂

4A 楊芷晴



我喜愛的茶具

4A 葉苑琳



新造型的中式點心

4B 林晨曦



雙壽圖

4A 蕭筠皓



心意盆栽

4B 葉浩欣



復活蛋

4C 黃敬賢



湖光山色

4B 姜翠兒



青花瓷

5A 葉芷晴



看得見的交響樂

5A 李可頤



可愛的金魚

5B 何卓語



一個令我嚮往的地方
5C 周嘉悅



靜物變變變
5C 蔡卓凝



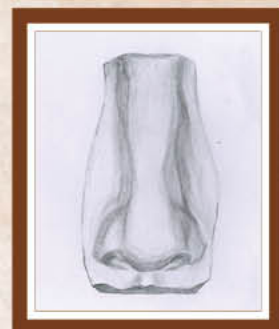
我家的碗碟食具
5C 江傲而



我的畢業紀念品
6A 楊妍夏



幾何形體石膏
6A 江夢然



石膏素描
6A 霍天希



港都夜景
6A 簡雅婧



校園速寫
6A 錢加欣



靜物變變變
6B 周家豪



港都夜景
6C 魏天恩



感觀的享受
6C 江樂彤



